

## Resolution Article

My name is Sarah Pugh and I am a family solicitor at Sewell Mullings Logie LLP in Cirencester working with John Bartholomew and Tracey Amos. I am in my second year of qualification having trained under Andrew Mercer at Trethowans. I want to take on a charitable challenge to help those affected by family breakdowns and so when Resolution said they had a place available in the London Marathon I thought that would be the perfect opportunity to go further to support those we work for. My aim is to help those who have gone through a separation or divorce and the children who are affected. That is why I am raising money for The John Cornwell Foundation.



As Resolution members we all do our bit to help our clients through tough times but there are other ways that we can help those affected by matrimonial and financial problems. Taking on a charitable challenge is one way of making a difference. I am hoping that by running the London Marathon in April 2018 I will raise awareness for Resolution – both what we do and why clients should be using a Resolution member for their matrimonial work.

Running the marathon is also about pushing the boundaries and going beyond the day job to endorse how Resolution members can help – both professionally and on a charitable level. Not only will the 26.2 mile run be a challenge but the fundraising is a daunting prospect. There is a high fundraising target and so initiating projects and activities to raise the required funds is an added task to be negotiated alongside a heavy workload and a bleak winter training regime.

I have tried to kid myself that I am quite an active and sporty person but my first few training runs have really highlighted to me how gruelling I find long distance running. I enjoy high intensity activities and team sports (that usually involve chasing a ball or hurtling down a mountain) and so to be getting to grips with the discipline and stamina (and quite frankly boredom) that long distance running demands is a completely different set of skills. The dark and freezing conditions of running over the winter months add extra obstacles to the training that the pain of the ice baths cannot assuage!

I am grateful to be representing such a positive organisation that promotes the non-confrontational, conciliatory approach towards often difficult and unpleasant situations. I have already found Resolution a useful and worthwhile organisation to be a part of and I wish to continue my career using and promoting the methods endorsed by Resolution.

The John Cornwell Foundation really would be grateful for any donation that you are able to make. The donations made will be hugely appreciated by those who will benefit from the financial support that the Foundation provides. A sponsorship site has been set up to receive donations. Please find the link below. Thank you.

<https://www.gofundme.com/sarahpugh>